



Sleep Better Diffuser Oil

According to REACH Regulation (EC) No 1907/2006, as amended by UK REACH Regulations SI 2019/758 and SI 2020/1577

SECTION 1: IDENTIFICATION OF THE SUBSTANCE/MIXTURE AND OF THE COMPANY/UNDERTAKING

1.1 Product identifier

Product Name	Sleep Better Diffuser Oil
Trade Name	Sleep Better Diffuser Oil
Product code	MB 401
CAS No.	Mixture
EC No.	Not applicable.
Registration number(s)	UFI: UAE0-A0HA-000D-CGPH

1.2 Relevant identified uses of the substance or mixture and uses advised against

Identified Use(s)	Consumer uses: Private households Consumer use
Uses Advised Against	Not known.

1.3 Details of the supplier of the safety data sheet

Manufacturer	
Company Identification	First Natural Brands Ltd
Address of Manufacturer	Millennium House Kings Business Centre Reeds Lane Sayers Common West Sussex
Postal code	BN6 9LS
Telephone:	+44(0)1273 325666
Fax	N/A
E-mail	info@fnlbrands.com
Office hours	09:00 - 17:00

1.4 Emergency telephone number

Emergency Phone No.	+44(0)1273 325666
Contact	Customer Services

SECTION 2: HAZARDS IDENTIFICATION

2.1 Classification of the substance or mixture

GB CLP Regulation, UK SI 2019/720 and UK SI 2020/1567	Asp. Tox. 1 :May be fatal if swallowed and enters airways. Skin Sens. 1B :May cause an allergic skin reaction. Eye Irrit. 2 :Causes serious eye irritation. Aquatic Chronic 3 :Harmful to aquatic life with long lasting effects.
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2.2 Label elements

Product Name	According to GB CLP Regulations, UK SI 2019/720 and UK SI 2020/1567 Sleep Better Diffuser Oil
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Hazard Pictogram(s)



GHS08



GHS07

Signal Word(s)

Danger

Hazard Statement(s)

H304: May be fatal if swallowed and enters airways.
H317: May cause an allergic skin reaction.
H319: Causes serious eye irritation.
H412: Harmful to aquatic life with long lasting effects.

Precautionary Statement(s)

P101: If medical advice is needed, have product container or label at hand.
P102: Keep out of reach of children.
P301+P310: IF SWALLOWED: Immediately call a doctor.
P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes.



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Remove contact lenses, if present and easy to do. Continue rinsing.
P501: Dispose of contents in accordance with local requirements.

2.3 Other hazards

None known.

2.4 Additional Information

For full text of H/P Statements see section 16.

SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

3.1 Substances

Not applicable.

3.2 Mixtures

HAZARDOUS INGREDIENT(S)	CAS No.	EC No. / Registration number(s)	%W/W	Hazard Statement(s)	Hazard Pictogram(s)
Lavender, <i>Lavandula angustifolia</i> , ext.	90063-37-9	289-995-2	50-75	Asp. Tox. 1 H304 Skin Sens. 1B H317 Eye Irrit. 2 H319 Aquatic Chronic 3 H412	GHS08 GHS07
<i>Copaifera Reticulata</i> Balsam Extract	8001-61-4	232-288-0	25-50	Flam. Sol. 1 H228	GHS02
<i>Cedrus deodara</i> , ext.	91771-47-0	294-939-5	1-10	Skin Irrit. 2 H315 Skin Sens. 1B H317 Aquatic Chronic 2 H411	GHS07 GHS09
Cypress, <i>Cupressus sempervirens</i> , ext.	84696-07-1	283-626-9	0.5-1.5	Flam. Liq. 3 H226 Asp. Tox. 1 H304 Skin Irrit. 2 H315 Skin Sens. 1 H317 Aquatic Chronic 2 H411	GHS02 GHS08 GHS07 GHS09
Sandalwood oil, Western Australia	8024-35-9	617-026-9	<1	Skin Irrit. 2 H315 Eye Irrit. 2 H319 Aquatic Chronic 2 H411	GHS07 GHS09
Bergamot, ext.	89957-91-5	289-612-9	<1	Flam. Liq. 3 H226 Asp. Tox. 1 H304 Skin Irrit. 2 H315 Skin Sens. 1 H317 Eye Irrit. 2 H319 Aquatic Chronic 3 H412	GHS02 GHS08 GHS07
Ylang-ylang, ext.	83863-30-3	281-092-1	<1	Asp. Tox. 1 H304 Skin Irrit. 2 H315 Skin Sens. 1B H317 Aquatic Chronic 3 H412	GHS08 GHS07
Oils, jasmine	8022-96-6	617-015-9	<1	Flam. Liq. 3 H226 Acute Tox. 4 H302 Skin Irrit. 2 H315 Skin Sens. 1 H317 Aquatic Chronic 2 H411	GHS02 GHS07 GHS09

For full text of H/P Statements see section 16.

SECTION 4: FIRST AID MEASURES



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4.1 Description of first aid measures

Inhalation	Treat symptomatically.
Skin Contact	Take off immediately all contaminated clothing and wash it before reuse. If skin irritation or rash occurs: Get medical advice/attention. Specific treatment (see Medical Advice on this label).
Eye Contact	Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. If eye irritation persists: Get medical advice/attention.
Ingestion	Do NOT induce vomiting. Immediately call a POISON CENTRE/doctor.

4.2 Most important symptoms and effects, both acute and delayed

May cause irritation. Allergic contact dermatitis.

4.3 Indication of any immediate medical attention and special treatment needed

Specific treatment (see Medical Advice on this label). Treat symptomatically.

SECTION 5: FIREFIGHTING MEASURES

5.1 Extinguishing media

Suitable Extinguishing media	As appropriate for surrounding fire.
Unsuitable extinguishing media	None.

5.2 Special hazards arising from the substance or mixture

May decompose in a fire, giving off toxic and irritant vapours.

5.3 Advice for firefighters

Fire fighters should wear complete protective clothing including self-contained breathing apparatus. Dike fire control water for later disposal.

SECTION 6: ACCIDENTAL RELEASE MEASURES

6.1 Personal precautions, protective equipment and emergency procedures

Provide adequate ventilation. Wear suitable protective clothing, gloves and eye/face protection.

6.2 Environmental precautions

Spillages or uncontrolled discharges into watercourses must be alerted to the appropriate regulatory body.

6.3 Methods and material for containment and cleaning up

Adsorb spillages onto sand, earth or any suitable adsorbent material. Contain spillages with sand, earth or any suitable adsorbent material. Earth may be shovelled to contain spillage and to avoid contamination of sewers and watercourses.

6.4 Reference to other sections

See Also Section 8, 13.

SECTION 7: HANDLING AND STORAGE

7.1 Precautions for safe handling

Wash hands and exposed skin thoroughly after handling. Wear protective gloves/protective clothing/eye protection/face protection. Avoid breathing dust/fume/gas/mist/vapours/spray.

7.2 Conditions for safe storage, including any incompatibilities

Store locked up.

Storage temperature

Ambient.

Storage life

Stable under normal conditions.

Incompatible materials

None known.

7.3 Specific end use(s)

SU21 Consumer uses: Private households (= general public = consumers)
Consumer use

SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

8.1 Control parameters

8.1.1 Occupational Exposure Limits No Occupational Exposure Limit assigned.

8.2 Exposure controls

8.2.1. Appropriate engineering controls Use with ventilation, local exhaust ventilation or breathing protection. A washing



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8.2.2. Personal protection equipment



Eye Protection

facility/water for eye and skin cleaning purposes should be present.

Wear eye protection with side protection (EN166).



Skin protection

Wear protective clothing and gloves: Impervious gloves (EN 374).



Respiratory protection

A suitable mask with filter type A (EN14387 or EN405) may be appropriate.



Thermal hazards

None known.

8.2.3. Environmental Exposure Controls

Spillages or uncontrolled discharges into watercourses must be alerted to the appropriate regulatory body.

SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

9.1 Information on basic physical and chemical properties

Appearance	Liquid.
	Colour : Yellow
Odour	Characteristic
Odour threshold	Not known.
pH	Not known.
Melting point/freezing point	Not known.
Initial boiling point and boiling range	Not known.
Flash Point	Not known.
Evaporation rate	Not known.
Flammability (solid, gas)	Not known.
Upper/lower flammability or explosive limits	Not known.
Vapour pressure	Not known.
Vapour density	Not known.
Density (g/ml)	
Relative density	Not known.
Solubility(ies)	Solubility (Water) : Insoluble Solubility (Other) : Not known.
Partition coefficient: n-octanol/water	Not known.
Auto-ignition temperature	Not known.
Decomposition Temperature (°C)	Not known.
Viscosity	Not known.
Explosive properties	Not known.
Oxidising properties	Not known.

9.2 Other information

Refractive Index

SECTION 10: STABILITY AND REACTIVITY

10.1 Reactivity

None anticipated.

10.2 Chemical Stability

Stable under normal conditions.

10.3 Possibility of hazardous reactions

No hazardous reactions known if used for its intended purpose.



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10.4 Conditions to avoid

None anticipated.

10.5 Incompatible materials

Not known.

10.6 Hazardous decomposition products

No hazardous decomposition products known.

SECTION 11: TOXICOLOGICAL INFORMATION

11.1 Information on toxicological effects

Acute toxicity - Ingestion	Calculation method : Not classified. Calculation method : Calculated acute toxicity estimate (ATE) Calc ATE - 1000000.00000
Acute toxicity - Skin Contact	Calculation method : Not classified.
Acute toxicity - Inhalation	Calculation method : Not classified.
Skin corrosion/irritation	Calculation method : Causes mild skin irritation.
Serious eye damage/irritation	Calculation method : Causes serious eye irritation.
Skin sensitization data	Calculation method : May cause an allergic skin reaction.
Respiratory sensitization data	Calculation method : Not classified.
Germ cell mutagenicity	Calculation method : Not classified.
Carcinogenicity	Calculation method : Not classified.
Reproductive toxicity	Calculation method : Not classified.
Lactation	Calculation method : Not classified.
STOT - single exposure	Calculation method : Not classified.
STOT - repeated exposure	Calculation method : Not classified.
Aspiration hazard	Calculation method : May be fatal if swallowed and enters airways.

11.2 Other information

Not known.

SECTION 12: ECOLOGICAL INFORMATION

12.1 Toxicity

	Harmful to aquatic life with long lasting effects.
Toxicity - Aquatic invertebrates	Not known.
Toxicity - Fish	Not known.
Toxicity - Algae	Not known.
Toxicity - Sediment Compartment	Not classified.
Toxicity - Terrestrial Compartment	Not classified.

12.2 Persistence and degradability

Not known.

12.3 Bioaccumulative potential

Not known.

12.4 Mobility in soil

Not known.

12.5 Results of PBT and vPvB assessment

Not known.

12.6 Other adverse effects

Not known.

SECTION 13: DISPOSAL CONSIDERATIONS

13.1 Waste treatment methods

Dispose of contents in accordance with local, state or national legislation. Send to a licensed recycler, reclaimer or incinerator. Dispose of this material and its container to hazardous or special waste collection point. Dispose at suitable refuse site.

13.2 Additional Information

Disposal should be in accordance with local, state or national legislation.

SECTION 14: TRANSPORT INFORMATION

Not classified as hazardous for transport.



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14.1 UN number	Not applicable
14.2 UN proper shipping name	Not applicable
14.3 Transport hazard class(es)	Not applicable
14.4 Packing group	Not applicable
14.5 Environmental hazards	Not classified as a Marine Pollutant.
14.6 Special precautions for user	Not known
14.7 Transport in bulk according to Annex II of Marpol and the IBC Code	Not known

SECTION 15: REGULATORY INFORMATION

15.1 Safety, health and environmental regulations/legislation specific for the substance or mixture

United Kingdom Regulations - Authorisations and/or Restrictions On Use

UK REACH Candidate List of Substances Not listed

of Very High Concern for Authorisation

UK REACH Authorisation List (Annex XIV) list of substances subject to authorisation Not listed

UK REACH Restrictions List (Annex XIV) Lavender, *Lavandula angustifolia*, ext. (90063-37-9), *Cedrus deodara*, ext. (91771-47-0), *Copaifera Reticulata* Balsam Extract (8001-61-4), *Cypress*, *Cupressus sempervirens*, ext. (84696-07-1), Sandalwood oil, Western Australia (8024-35-9), Bergamot, ext. (89957-91-5), Ylang-ylang, ext. (83863-30-3), Oils, jasmine (8022-96-6)

The Persistent Organic Pollutants Regulations 2007 (SI 2007/3106) as amended Not listed

The Ozone-Depleting Substances and Fluorinated Greenhouse Gases (Amendment etc.) (EU Exit) Regulations 2019 (SI 2019/583) Not listed

The Prior Informed Consent (PIC) Regulations concerning the export and import of hazardous chemicals SI2008/2108 as amended Not listed

European Regulations - Authorisations and/or Restrictions On Use

Community Rolling Action Plan (CoRAP) Not listed

15.2 Chemical Safety Assessment

United Kingdom A REACH chemical safety assessment has not been carried out.

SECTION 16: OTHER INFORMATION

The following sections contain revisions or new statements:

LEGEND

Hazard Pictogram(s)



GHS08



GHS07

GHS02: GHS: Flame
GHS09: GHS: Environment

Hazard classification

Flam. Liq. 3 : Flammable liquid, Category 3



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Flam. Sol. 1 : Flammable solid, Category 1
 Acute Tox. 4 : Acute toxicity, Category 4
 Asp. Tox. 1 : Aspiration hazard, Category 1
 Skin Irrit. 2 : Skin corrosion/irritation, Category 2
 Skin Sens. 1 : Skin sensitization, Category 1
 Skin Sens. 1B : Skin sensitization, Category 1B
 Eye Irrit. 2 : Serious eye damage/irritation, Category 2
 Aquatic Chronic 2 : Hazardous to the aquatic environment, Chronic, Category 2
 Aquatic Chronic 3 : Hazardous to the aquatic environment, Chronic, Category 3

Hazard Statement(s)

H226: Flammable liquid and vapour.
 H228: Flammable solid.
 H302: Harmful if swallowed.
 H304: May be fatal if swallowed and enters airways.
 H315: Causes skin irritation.
 H317: May cause an allergic skin reaction.
 H319: Causes serious eye irritation.
 H411: Toxic to aquatic life with long lasting effects.
 H412: Harmful to aquatic life with long lasting effects.

Precautionary Statement(s)

P261: Avoid breathing dust/fume/gas/mist/vapours/spray.
 P264: Wash hands and exposed skin thoroughly after handling.
 P272: Contaminated work clothing should not be allowed out of the workplace.
 P273: Avoid release to the environment.
 P280: Wear protective gloves/protective clothing/eye protection/face protection.
 P301+P310: IF SWALLOWED: Immediately call a POISON CENTRE/doctor.
 P302+P352: IF ON SKIN: Wash with plenty of water.
 P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
 P321: Specific treatment (see Medical Advice on this label).
 P331: Do NOT induce vomiting.
 P333+P313: If skin irritation or rash occurs: Get medical advice/attention.
 P337+P313: If eye irritation persists: Get medical advice/attention.
 P362+P364: Take off contaminated clothing and wash it before reuse.
 P405: Store locked up.
 P501: Dispose of contents in accordance with local, state or national legislation.

Acronyms

ATE : Acute Toxicity Estimate
 CAS : Chemical Abstracts Service
 DNEL : Derived No Effect Level
 EC : European Community
 EINECS : European Inventory of Existing Commercial Chemical Substances
 LTEL : Long term exposure limit
 PBT : Persistent, Bioaccumulative and Toxic
 PNEC : Predicted No Effect Concentration
 REACH : Registration, Evaluation, Authorisation and Restriction of Chemicals
 STEL : Short term exposure limit
 STOT : Specific Target Organ Toxicity
 vPvB : very Persistent and very Bioaccumulative

Key literature references and sources for data used to compile the SDS Disclaimers

GB CLP Regulation, UK SI 2019/720 and UK SI 2020/1567

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